

WELLNESS KITCHEN COOKING CLASSES

EVENT SCHEDULE

Mother's Day Tea and Lunch

"The art and history of tea" lecture followed by a craft tea bar, buffet of tea sandwiches, salads, soup shooters, healthy beautiful finger foods and assorted Wellness Kitchen mini desserts.

Sunday, May 12, 2019 | 11:00 am

\$95 per person

Interactive Cooking Class: Plant-Based Power Plates

Introductions to new plant-based proteins for creative and delicious vegetarian meals.

Thursday, June 6, 2019 | 6:30 pm

\$95 per person

Interactive Cooking Class: Father's Day Grilling

Techniques and recipes to get through the summer. The perfect way to celebrate dad!

Sunday, June 16, 2019 | 11:00 am

\$95 per person

Interactive Cooking Class: Go Global

Exotic flavor inspiration from around the world including, Morocco, India, and the Middle East.

Sunday, July 18, 2019 | 11:00 am

\$95 per person

Interactive Cooking Class: Small Plates

Inventive, "healthyish" global cuisine that allows you to mix and match flavors and textures of bold combinations of food that will excite your taste buds and can make the perfect, fun meal.

Saturday, August 3, 2019 | 6:30 pm

\$95 per person

For menus and reservations, please call (818) 575-3000 or visit us on Open Table.