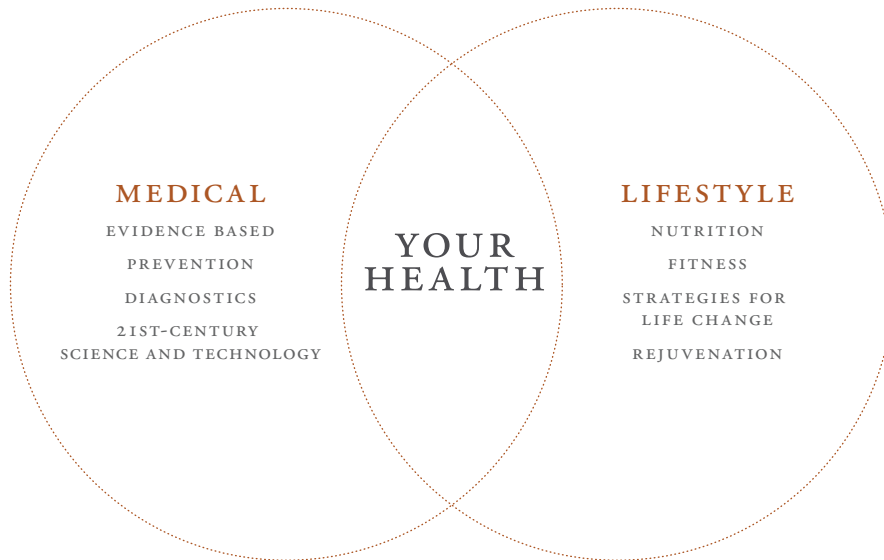


EXECUTIVE PHYSICAL



CALIFORNIA HEALTH & LONGEVITY INSTITUTE'S EXECUTIVE PHYSICAL OFFERINGS*

COMPREHENSIVE MEDICAL EVALUATION: Physicians at California Health & Longevity Institute have developed a unique medical protocol for their state-of-the-art Executive Physical that focuses on preventive care.

- Extensive One-on-One Time with Your Physician: Creating a personalized solution to your health by utilizing the latest research and technology.
- Personalized Diagnostic Testing: Personalized testing according to age, gender, and family history, including our proprietary DNA testing, is completed.
- Specialty Practices: Internal Medicine, Gastrointestinal Health, Radiology, Complementary and Alternative Medicine, Restorative and Cosmetic Dentistry, Dermatology

COMPREHENSIVE LIFESTYLE EVALUATION: Incorporating Western medicine with lifestyle programs in nutrition, fitness, and strategies for life change to drive improved employee performance.

- Private Lifestyle Consultations: A private, 50-minute session each, with a dietitian, an exercise physiologist, and a lifestyle consultant that will provide a personalized lifestyle plan and strategies for change that consider your specific lifestyle needs.
- Healthy Living Workshops: Interactive, small-group experiences from each discipline: Nutrition, Fitness, Strategies for Change, and Preventive Medicine.
- A Wellness Kitchen Experience: Enjoy a delicious and nutritious meal that you prepare in our demonstration kitchen, alongside our Registered Dietitian–Chefs.

FOLLOW-UP SUPPORT: Ongoing personal follow-up support and guidance from California Health & Longevity Institute's medical and lifestyle experts to reinforce and sustain healthy behavior change.

FOUR SEASONS HOTEL AND SPA WESTLAKE VILLAGE: Accommodations in a state-of-the-art facility upholding the Four Seasons' high standard of customer service, privacy, and comfort.

*Items and pricing vary based on California Health & Longevity Institute's standard packages and/or customized options